

Summer Psalms for the Soul

The Guardian of My Soul

Psalm 121

The Guardian of My Soul – Psalm 121

**I have a maker – He formed my heart;
Before even time began, my life was in His hand.**

**He knows my name – He knows my every thought
He sees each tear that falls, and He hears me when I call**

**I have a Father – He calls me His own;
He'll never leave me, no matter where I go.**

The Guardian of My Soul – Psalm 121

The Psalms of Ascent

- 15 Psalms for pilgrims on their way to Zion
- A devotional guide for believers of all ages

Psalm 121

- Main point:
Our God is the Guardian/Keeper of your soul as you travel Home – He is One who may be trust to perfectly watch over you.
- The Psalmist talks to himself, repeating basic truth over and over: ‘Soul, know this for a certainty...’

The Guardian of My Soul – Psalm 121

- **Metaphor for the Spiritual Life:
A Journey Home**
 - Pilgrims, not residents
 - Expatriates, not immigrants
 - Spiritual travelers, not religious tourists
- **Traveler's Advisory:**

The journey is difficult and perilous, but take heart: the Lord is your sure Guardian. He may be totally trusted to guard you from every evil as you travel Home with Him.

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- **Vs 1-2** a dangerous path
My Guardian made it all ... so I need fear no evil.
- **Vs 3-4** a vigilant watchman
My Guardian never sleeps ... so I can.
- **Vs. 5-6** a protective shade
My Guardian shields me from all evil.
- **Vs. 7-8**
My Lord will keep me from all harm. Period.

The Guardian of My Soul – Psalm 121

- **I can sleep soundly, because God does not**
- **God is bigger than my biggest problem**
- **God makes sure & certain promises to the pilgrim, the expatriate, the spiritual traveler (not the resident, the immigrant, the spiritual tourist)**
- **Despite the peril, I need fear no evil – the outcome is certain**
- **Problems – yes. But God keeps me from evil.**

The consistent testimony of God's Word:

Deut 31:8

I Cor 10:13

John 16:33

Rom 8:35-38

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