

In The Beginning...

God Rests!

Genesis 2:1-3

*Have you not known? Have you not heard?
The Lord is the everlasting God, the Creator
of the ends of the earth. He does not faint
or grow weary...*

Isaiah 40:28

God's 7th Day

The story is now complete

God's own special day

It is finished!

- To rest (to 'sabbath') = to cease, to stop
See [Josh 5:12](#) and [Job 32:1](#)

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A 'rest' of satisfied achievement

- God stops and takes contented delight in the work of His hands, reveling as His glorious Person is displayed through His creation.

God's 7th Day

What we can learn from it...

- God has built the pattern of order and rhythm into His creation.
- A clue for us: six days of creative activity and one day of satisfied delight in God Himself and in His work.
- *A person who feels inclined to work seven days a week should examine what god he or she worships...*
- 6 + 1 (not 24-7-365) is God's way for us!

God's 7th Day

Jewish Sabbath

A day of rest for God's chosen people

– God instructs His covenant people to share in the spiritual blessing of His day.

Ex 31:12-17; Ex 20:8-11; Deut 5:12-15

Isaiah 58:13, 14.

– The Sabbath was to be for His people what the 7th day was for Him!

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Sabbath Day out, Lord's Day in

- By the time of the NT the delight had become a burden and the blessing a curse.
- Jesus removes the burden (Mark 2:27,28; see Col 2:16,17; Heb 8)
- A new day for the New Covenant: the Lord's Day!

God's pattern: 1 day in 6 is for Him

It's a matter of the heart!

If you don't have a heart that wants to worship God, and if you don't have a hunger to feed on God's Word, then there's little point in going to church...

TGIS – but its more than just a day off!

Do whatever will reflect your appreciation, love, respect and awe of the God of cosmos...
(See [Isaiah 58:13,14](#))